

Sacred Heart

Kindergarten -1st Grade

Basketball Intramural League

WHAT

The Basketball Intramural Training League is for kids in Kindergarten & 1st Grade to learn the fundamentals of basketball in a fun and supportive environment through instructional practices, small group work, and scrimmage games.

Core Basketball Fundamentals

Shooting Mechanics	Passing	Offense/Defense Principals	Teamwork
Control Dribbling	Footwork	Christian Sportsmanship	Fun

WHO

Kindergarten & 1st Grade Boys & Girls

This year, this is only open to Sacred Heart School Students year.

The League will be coed.

COST

\$50.00 per player * Includes League uniform shirt to be worn to every session.

UNIFORM

PROVIDED: T-shirt that player may keep

PARENTS PROVIDE: * Clean Athletic Shoes * Athletic shorts * Water Bottle

WHEN

STARTS: January 2018

END: March 2018

TRAINING/SCRIMMAGE LAYOUT

DAY & TIME: TBD (1 day/week)

LENGTH: 1.5 – 2 hours (Depends on Player Registration Numbers)

WHAT TO EXPECT at EACH SESSION

The evening will be divided into 2 Parts.

1st Part: Training time, including stations & small group skill work

2nd Part: Instructional Scrimmage

Sacred Heart Intramural Training League Coordinator

Tyler Akins tylerwakins@gmail.com

COACH & VOLUNTEER REQUIREMENTS

Your continued support through volunteering is, as always, greatly needed and appreciated! However, there are requirements to provide you with training and protect our children.

If you would like to help with coaching, concessions, on-site coordinator, or in any other way, you must Sign up on sacredhearttroysports.org/ Contact us with questions.

- 1) **Sign up** as a Coach/Volunteer on sacredhearttroysports.org/ during open registration
- 2) **Purchase CYC ID Card**
- 2) **Take "Protecting God's Children" Workshop ***
All Locations Required pre-registration to attend.
Click to Check ArchStL Class Dates/Locations: "[Protecting God's Children" Workshops](#)
***SHTROY** is having workshop in Oct. Stay tuned. or pre-register with Jo-Ann Creech
- 3) **Take Online COACHING TO MAKE A POSITIVE DIFFERENCE**
\$19.95 refundable course, email receipt
- 4) **Background Check:** SH's Child Safety Coordinator will run bi-annual Check
She will contact you, if there is a question.
- 5) **All Paperwork** needs to be turned into the Sacred Heart Church Office for: Jo-Ann Creech.

SHTROY Compliance Coordinator:	Ashton Davis amrty4@yahoo.com
Sacred Heart Child Safety Coordinator Protecting God's Children Facilitator	Jo-Ann Creech: jcreech@sacredhearttroy.org